



Winter/Spring 2012



Winter/Spring 2012 Schedule (revised)

Effective January 17th, 2012

303-377-KICK(5425)

RED denotes new class times

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	MON <small>A Day</small>	TUE <small>A Day</small>	WED <small>B Day</small>	THURS <small>B Day</small>	FRI	SAT <small>B Day</small>
Little Dragons Black Belt Club <small>Ages 4-6</small>	5:15- 5:45	4:00 - 4:30	4:00- 4:30	5:00 - 5:30		9:00 - 9:30
Beginner Karate Kids <small>7- 9 yr old (White -Orange 3)</small>	5:45 - 6:30	5:45 - 6:30	5:00 - 5:45	5:30-6:15		10:00-10:45
Intermediate Karate Kids <small>7 - 9 yr old (green Belt & above)</small>	4:00 - 4:45	6:30 - 7:15	5:45 - 6:30	6:15 - 7:00		10:00-10:45
Pre-Skills <small>Beginners Ages 3-6</small>	4:45- 5:15	5:15 - 5:45	4:30 - 5:00	4:30 - 5:00 3-5yr olds	4:00 - 4:30	9:30 - 10:00
Beginners <small>10 yr old and up + Family Class</small>	6:30- 7:15	4:30 - 5:15	6:30 - 7:15	7:00 - 7:45		10:45 - 11:30
Special Classes		Fit Club 9:30 -10:30 a.m.		Fit Club 7:45- 8:45pm	Demo/ Competition 4:30-6:00pm	
Intemediate/ Advanced Black Belt	7:15 - 8:30	7:15 - 8:30	7:15 - 8:30			11:30 -12:30
Leadership					6:00 - 7:00	12:30-1:30
Executive Program		5:45 a.m. - 7 a.m		5:45 a.m. - 7 a.m		
Adult Karate	11:30 - 12:15		11:30 - 12:15		7:00 - 7:45	